

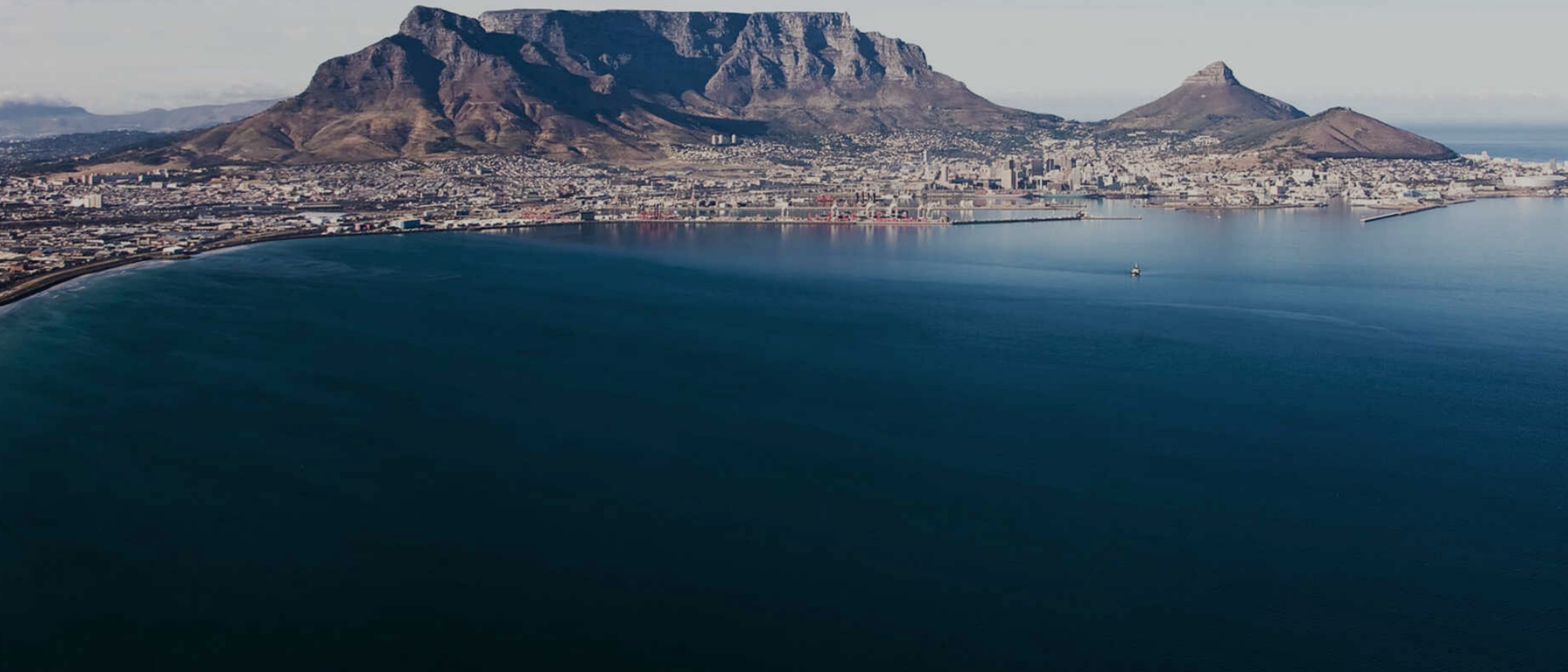
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HIGHLIGHT GUIDE
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CAPE TOWN

GILTEDGE

TABLE MOUNTAIN

Table Mountain, Cape Town's most iconic landmark, is an absolute must see. Take the cable car to the top to explore and experience almost 360 degree views over the city.



GIN & THE MOUNTAIN

At the very tip of the Cape Peninsula, 60km south-west of the city of Cape Town, lies the magnificent Cape Point. Fly from the V&A Waterfront to see the Cape Peninsula from the air and below. Once you have rounded the point fly back to the hills above Misty Cliffs. This marks the site for your fynbos tour and picnic. Land on a private nature reserve owned by Danielle and Ivan Harris. Baskloof was purchased over 40 years ago and has been restored through tireless efforts of the owners.



SURFING

'The best surfer is the one having the most fun.' **Learn to surf** OR improve your surfing skills! Our surf instructors will teach you how to catch the "ultimate wave". Surf lessons include water safety, beach introduction and the ABC of surfing. All equipment is supplied and we will have you standing up in no time!



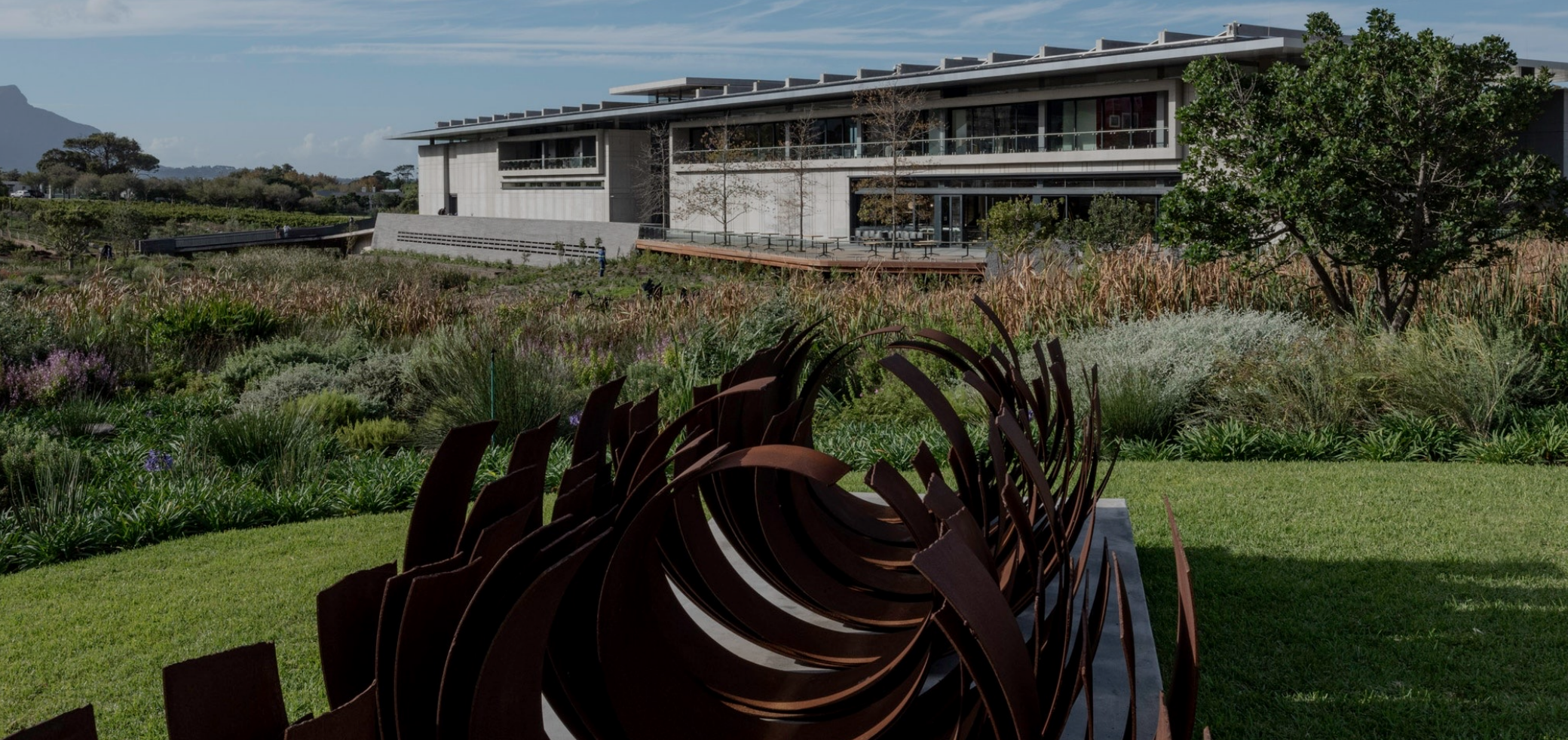
HIKES AROUND CAPE PENINSULA

Of all the great activities that you can choose from, a hike in the Cape's impressive mountains is still arguably one of the best. There are dozens of spectacular hiking routes on Table Mountain, whether it is the direct route up Platteklip Gorge or a longer more scenic route from Kirstenbosch or Hout Bay, a summit hike will not only provide you with spectacular views but give you great bragging rights amongst your peers!



ART TOURS

Experience a glimpse of the rich, incredible talents, we have curated for you. Allow us to showcase the most prestigious galleries in this city, with an art expert acting as your guide.



STREET ART WALKING TOUR

You can not only expect visual delight but also to be taken on a journey of interpretation and deep meaning behind each piece as well as an immersion into the unique cultural history of the salt river and cape malay community.



LUXURY BOAT CHARTERS

A glorious evening cruise; an ocean view of the sun setting over the Atlantic horizon, and the Cape mountains a spectacular backdrop. With chilled sparkling wine to toast the occasion, it's the perfect end to any day. The vessel can accommodate up to 35 guests for a buffet-style or canape menu, and seat up to 40 guests inside for a plated luncheon or dinner.



PARAGLIDING

Soar with the birds above stunning Camps Bay Beach! We launch from Lions Head and ride the thermals above Camps Bay with stunning views of Table Mountain, The Twelve Apostles and the Atlantic Coast.



KAYAK WITH PENGUINS

Paddle the warm waters of False Bay and experience the sights of Simons Town from a different perspective. From the sedate to the adventurous, this is perfect for everyone with the most popular trip being a visit to the penguins at Boulders Beach. Using stable, easy to paddle, two man kayaks, expect to weave your way through the rocky pools and outcrops around Boulders Beach, where penguins skim the water below, diving and dancing in the waves.



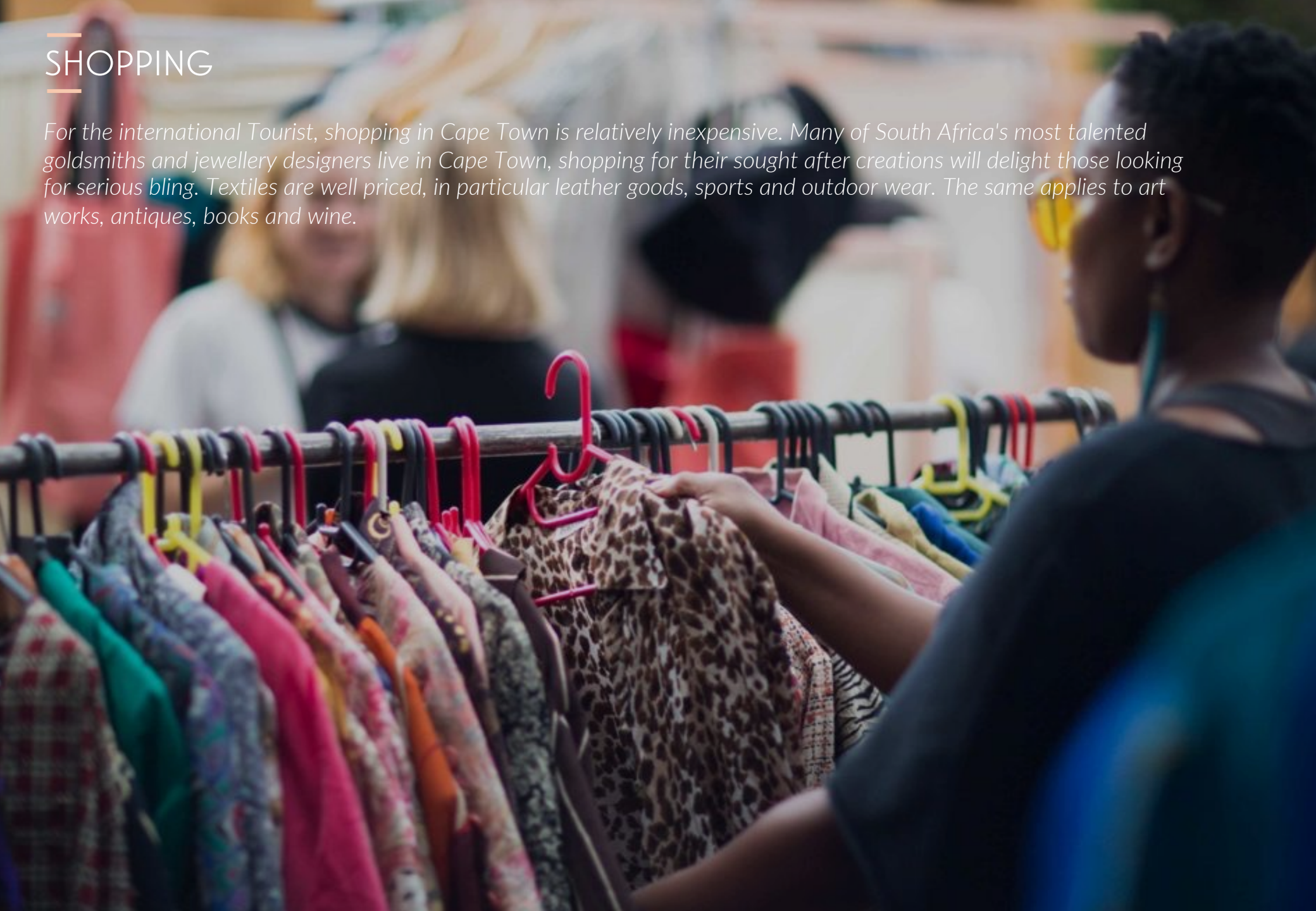
BEACH HORSE RIDING

Beach Horse Riding, there's nothing quite like cantering on the beach, wind in your hair, surrounded by postcard-perfect views of Chapmans Peak and the ocean waves crashing just metres away. Enjoy 1 hour 45 minute guided beach ride with qualified guides and see a variety of wild life on the beach incl. birdlife, whales, otters and seals.



SHOPPING

For the international Tourist, shopping in Cape Town is relatively inexpensive. Many of South Africa's most talented goldsmiths and jewellery designers live in Cape Town, shopping for their sought after creations will delight those looking for serious bling. Textiles are well priced, in particular leather goods, sports and outdoor wear. The same applies to art works, antiques, books and wine.



TOWNSHIP IMMERSION TOUR

A visit to the townships, offers you an insight and interaction with different cultures, communities and individuals. Witness every day life in a harsh environment which tells of the struggles, hopes and achievements.



PLANTING TREES

Get your hands dirty and get rooted in South African culture. In order to conserve our natural heritage, Greenpop, a local tree planting organisation, plants thousands of trees in reforestation projects in South Africa. Spend the day with local school children and the community, planting trees in the local townships, leaving a lasting legacy of your visit.



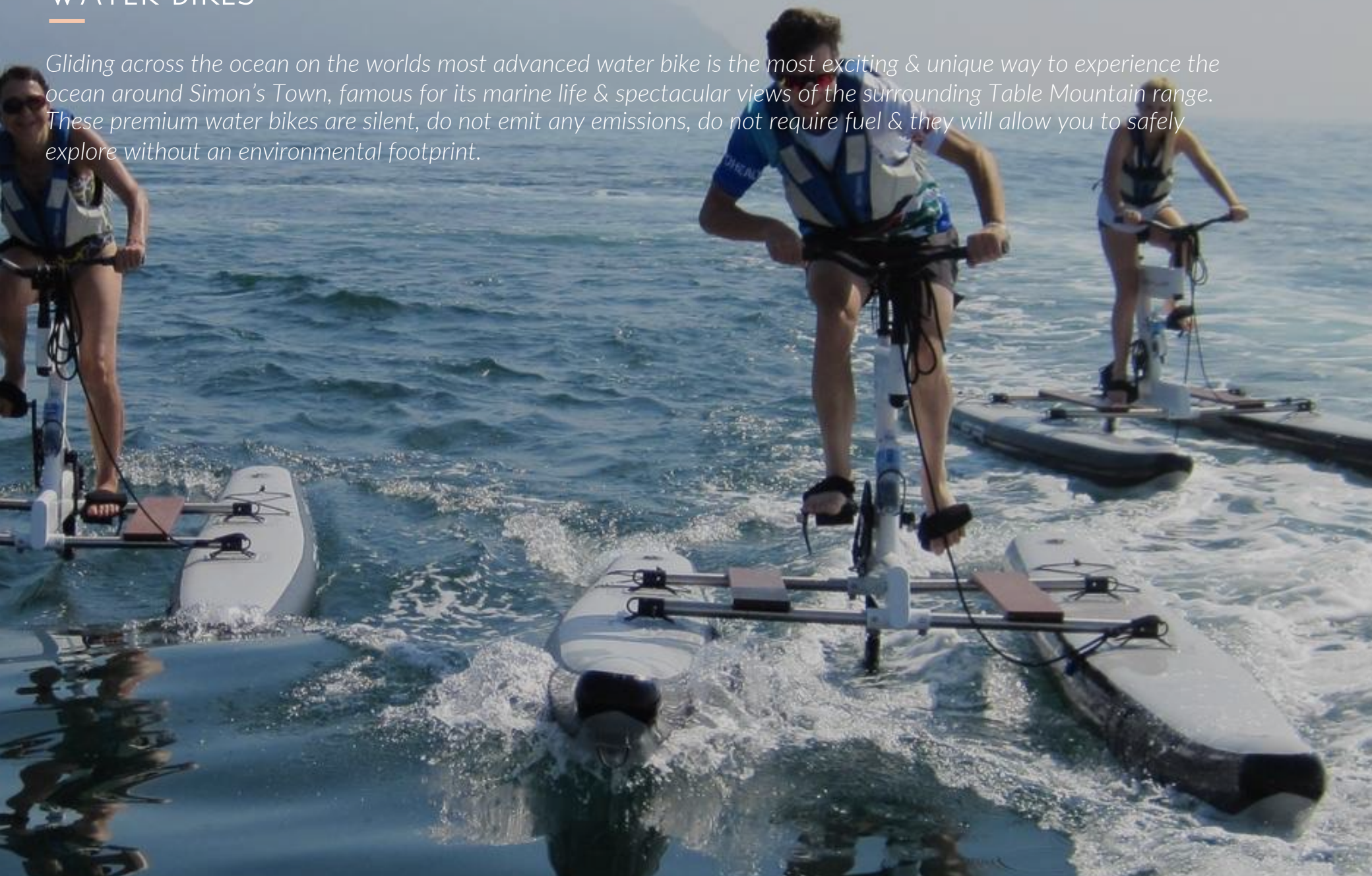
PAINT THE TOWNSHIPS

Experience this bustling community with Juma, a locally trained artist who lives and works in Khayelitsha. Meet locals going about their daily life and help plant a sustainable garden or paint a mural to uplift the area – these activities will be in smaller groups of 15.



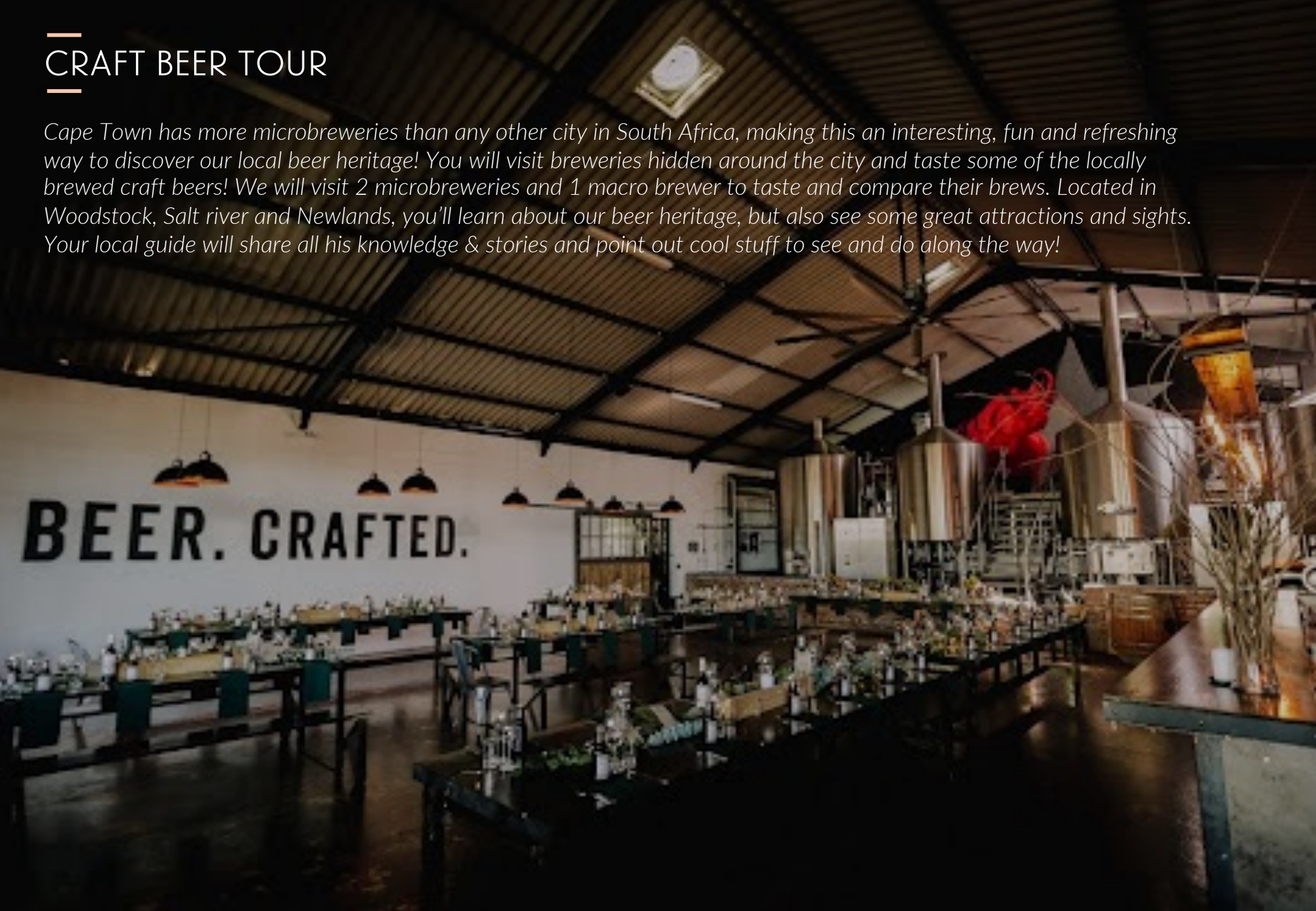
WATER BIKES

Gliding across the ocean on the worlds most advanced water bike is the most exciting & unique way to experience the ocean around Simon's Town, famous for its marine life & spectacular views of the surrounding Table Mountain range. These premium water bikes are silent, do not emit any emissions, do not require fuel & they will allow you to safely explore without an environmental footprint.



CRAFT BEER TOUR

Cape Town has more microbreweries than any other city in South Africa, making this an interesting, fun and refreshing way to discover our local beer heritage! You will visit breweries hidden around the city and taste some of the locally brewed craft beers! We will visit 2 microbreweries and 1 macro brewer to taste and compare their brews. Located in Woodstock, Salt river and Newlands, you'll learn about our beer heritage, but also see some great attractions and sights. Your local guide will share all his knowledge & stories and point out cool stuff to see and do along the way!



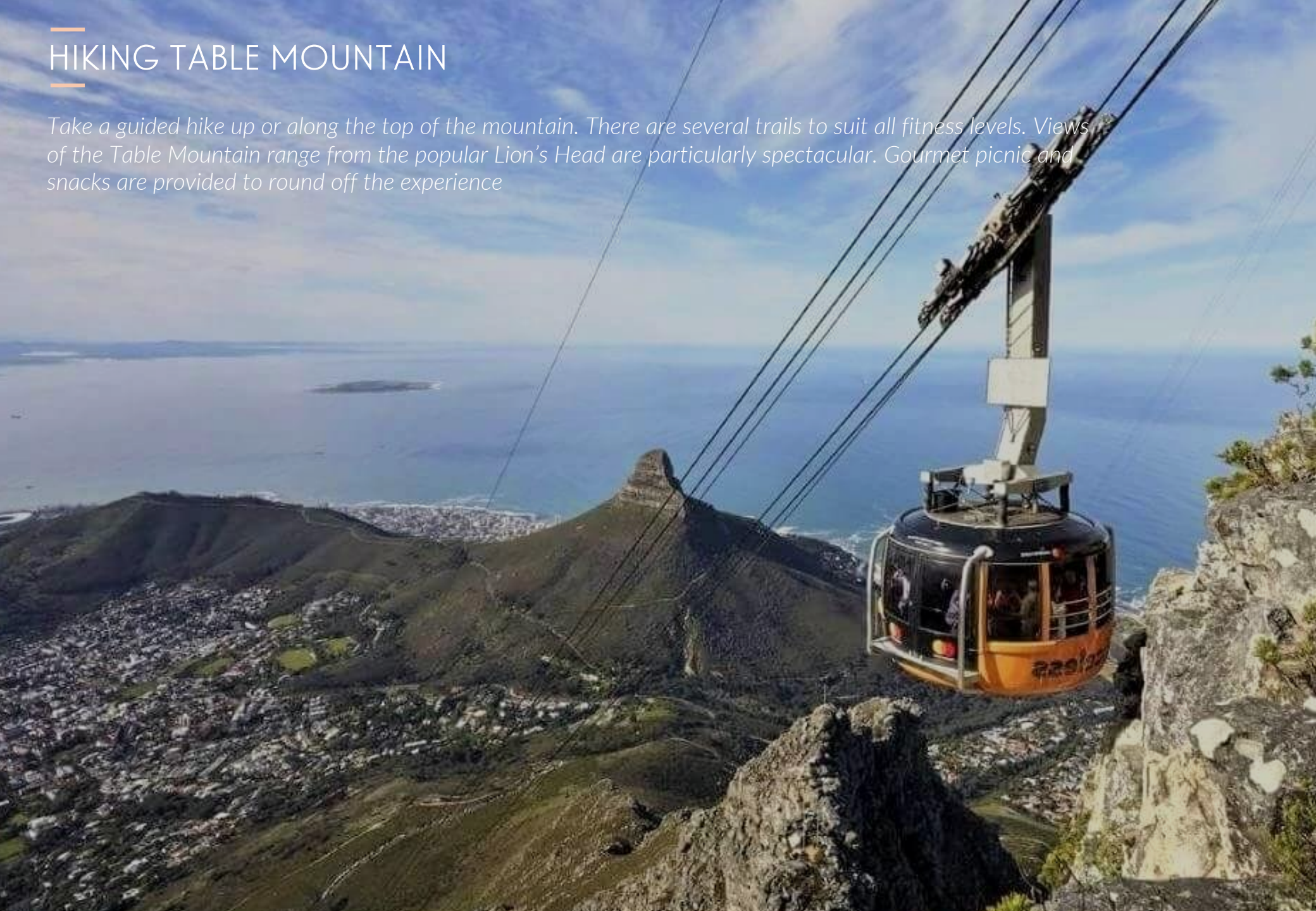


NEIGHBOURHOOD FARMERS MARKET

These days, everyone from foodies and fashionistas to fun seekers and families, head to markets to stock up on ingredients, catch up with friends or while away time. They've also become hotspots for tourists, looking for authentic, on-the-pulse ways to experience a (new) city.

HIKING TABLE MOUNTAIN

Take a guided hike up or along the top of the mountain. There are several trails to suit all fitness levels. Views of the Table Mountain range from the popular Lion's Head are particularly spectacular. Gourmet picnic and snacks are provided to round off the experience



EXPLORE THE HISTORIC HEART OF CAPE TOWN

Explore the Historic Heart of Cape Town. The Company Gardens is the oldest gardens in the country, dating back to the 1650's. Originally planted to replenish ships rounding the Cape, it now also hosts the National Arts Gallery, SA National Museum, Slave Lodge and Holocaust Centre, to name a few...



CASTLE OF GOOD HOPE

Take a guided tour of the **Cape's Castle of Good Hope** and unearth its hidden history. Built by the first Europeans in the 17th century, it is the oldest existing colonial building in South Africa.



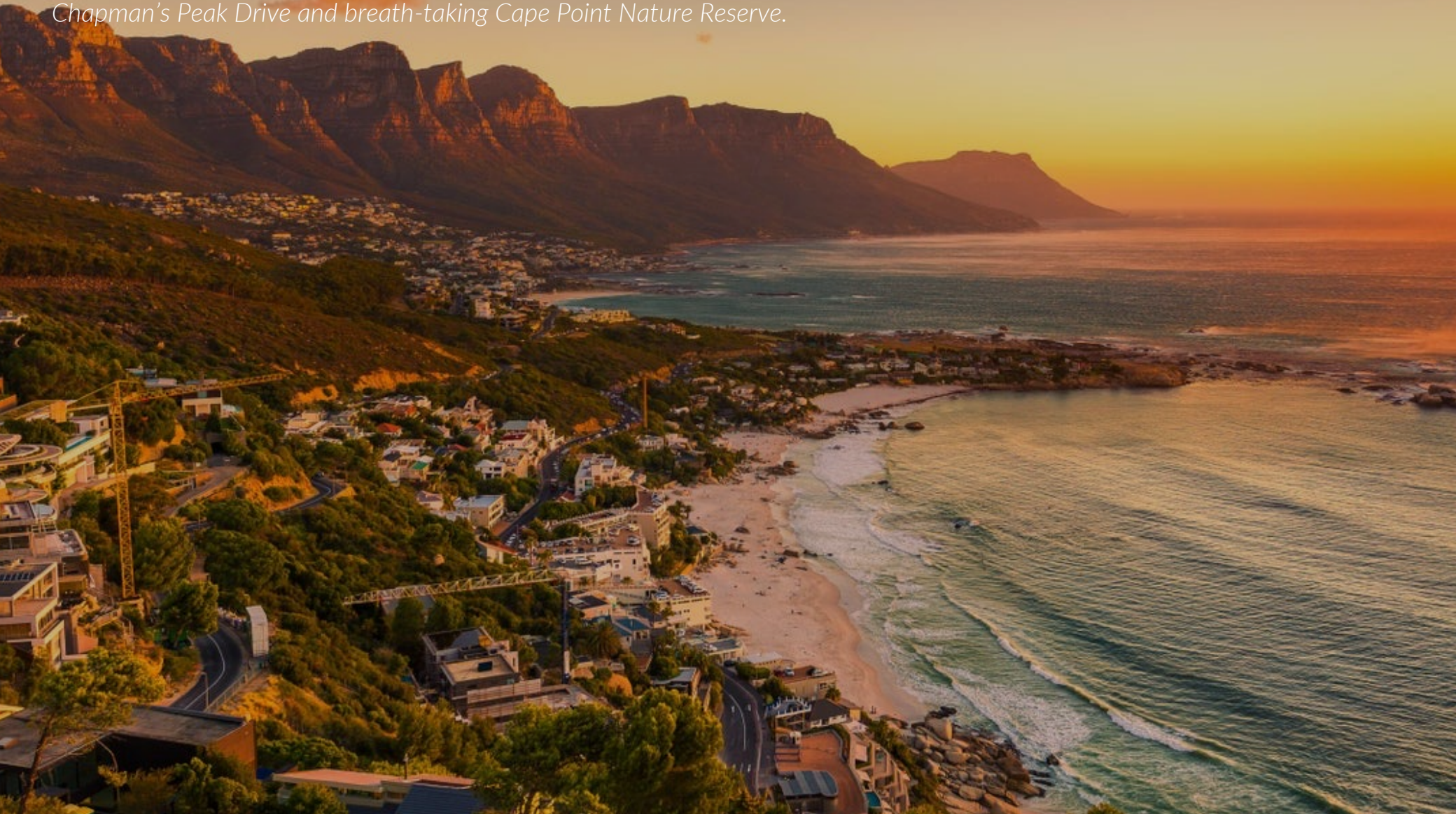
BO KAAP

The **Bo Kaap**, formerly known as the Malay Quarter, forms a part of the city's rich cultural heritage. Take a walk through this historical neighbourhood to learn of its origin, the colourful streets and unique architecture, meet the locals and sample delicious Cape Malay dishes.



CAPE PENINSULA

*The best way to experience the natural beauty of the Cape is to take a scenic drive around the **Cape Peninsula**. Follow the Atlantic seaboard and take in the beautiful beaches, charming towns and villages, the dramatic Chapman's Peak Drive and breath-taking Cape Point Nature Reserve.*



HOUT BAY BOAT TRIP

Take an exciting boat trip to visit the **seal colony** at Hout Bay's Duiker Island. For the more adventurous this is an ideal spot to go snorkeling and interact with these playful curious characters in their natural environment and on their terms





WILD FORAGING

Go on a wild foraging workshop along the coast and learn about our bountiful indigenous fynbos, seaweed, aromatic wild herbs, edible flowers, seeds, roots and shoots and how to use them in delicious gourmet dishes and botanical cocktails

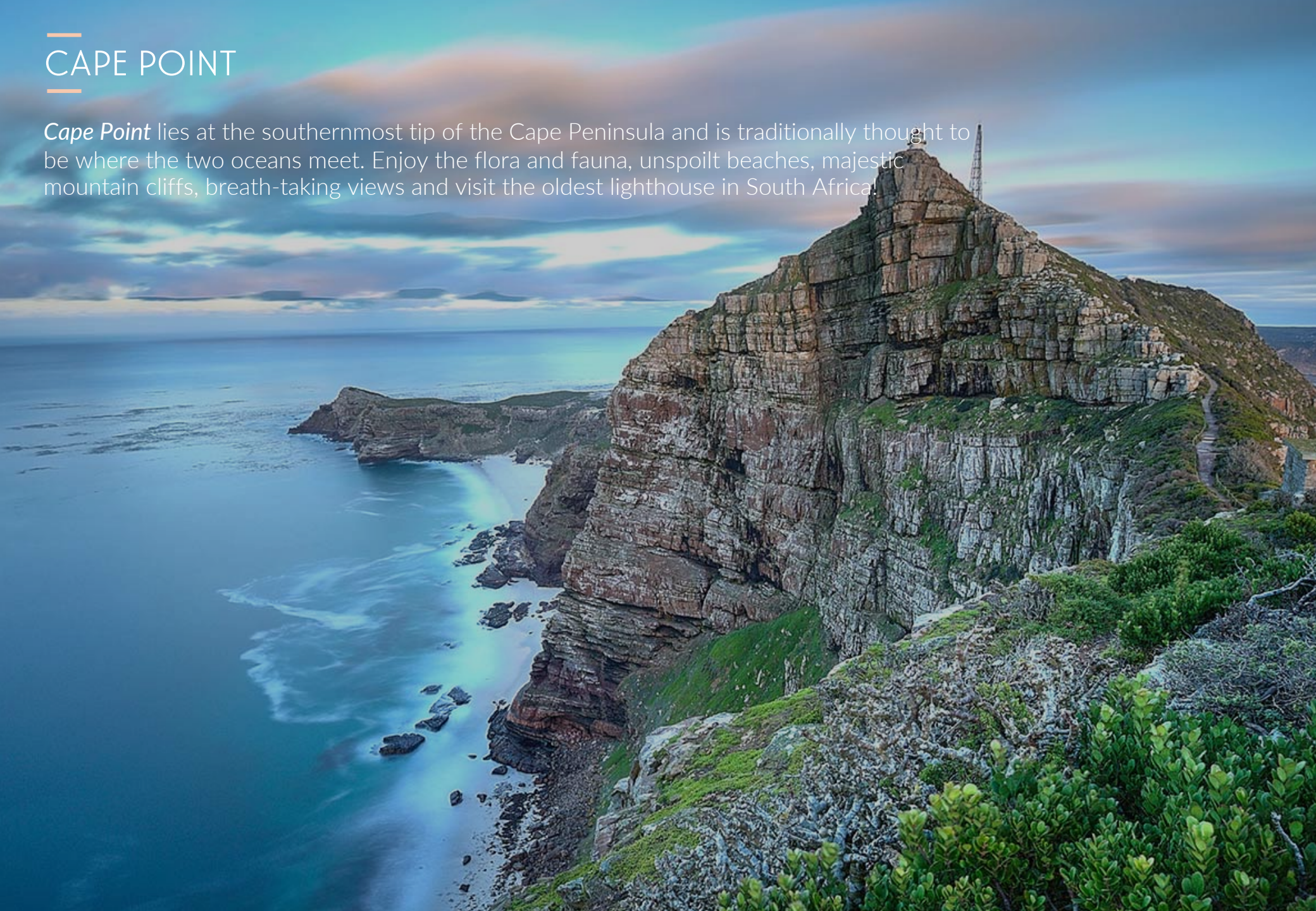


BOULDERS BEACH

Plenty of opportunity to take to the many beaches dotting the peninsula and take surfing or SUP-ing lessons or go on Waterbikes or kayaking trips near **Boulders Beach**.

CAPE POINT

Cape Point lies at the southernmost tip of the Cape Peninsula and is traditionally thought to be where the two oceans meet. Enjoy the flora and fauna, unspoilt beaches, majestic mountain cliffs, breath-taking views and visit the oldest lighthouse in South Africa!



KIRSTENBOSCH NATIONAL BOTANICAL GARDENS

Kirstenbosch National Botanical Gardens is a blend of sprawling landscaped gardens and natural vegetation found on the slopes of Table Mountain. Take a gentle walk among the various trails and paths throughout the garden as well as among the treetops on the Boomslang Tree Canopy Walkway.



CULTURAL TOUR

Take to the townships with a qualified guide for an insightful and eye-opening **cultural tour**, meeting the locals and experiencing township life, food, art and music.



ROBBEN ISLAND

Take a ferry to **Robben Island** to explore SA's political past. Tour the island and the maximum security prison with an ex-prisoner and visit the cell that housed Nelson Mandela for twenty seven years during apartheid.





CHRISTO BRAND

Get a unique perspective of Robben Island and Nelson Mandela **from Christo Brand**, the former prison warden who became a close personal friend of Mandela, and the author of “Nelson Mandela: My Prisoner, My Friend”

TABLE MOUNTAIN SAFARI

Explore the slopes of Table Mountain on a safari-style 4x4 vehicle. Enjoy a romantic picnic together with breathtaking views of the city and Cape Peninsula



DISTRICT SIX MUSEUM

*The **District Six Museum** gives you a further glimpse into SA's apartheid past and the forced removal of people from their land.*





CONSTANTIA WINELANDS

The picturesque **Constantia Winelands**, situated on the slopes of Table Mountain, is the oldest wine producing region in the southern hemisphere and is well known for its historic wine estates and premium wines!

SAND BOARDING

Cape Town is ideal for **Sand Boarding**, there are numerous steep dunes around the Cape that are perfect for this activity.



MOUNTAIN BIKING

Take to the **countless mountain biking trails** throughout Cape Town – along with an experienced guide, explore the unique fynbos covered mountains and hills, and spectacular views along the way.



HELICOPTER TOUR

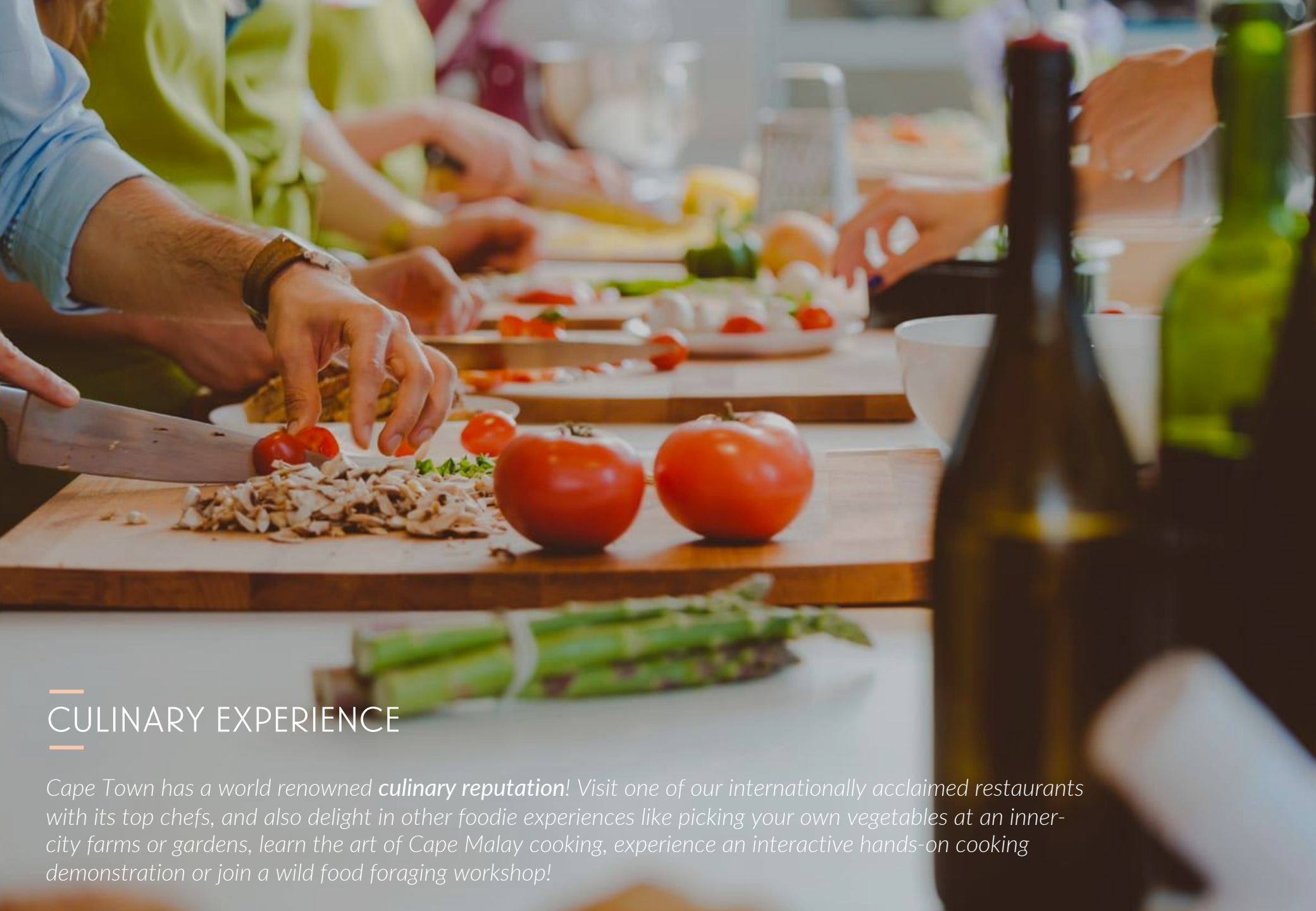
Get a bird's eye view of Cape Town and take in the sights from a different perspective on a helicopter tour.





SAILING IN TABLE BAY

Experience the magnificence of Cape Town **while sailing in Table Bay**. Sip on a cocktail, frolic in the waves on a jet ski, enjoy a traditional barbecue, local delicacies, wines and craft beer while taking in the majestic views of the city, coastline, Table Mountain and Robben Island.



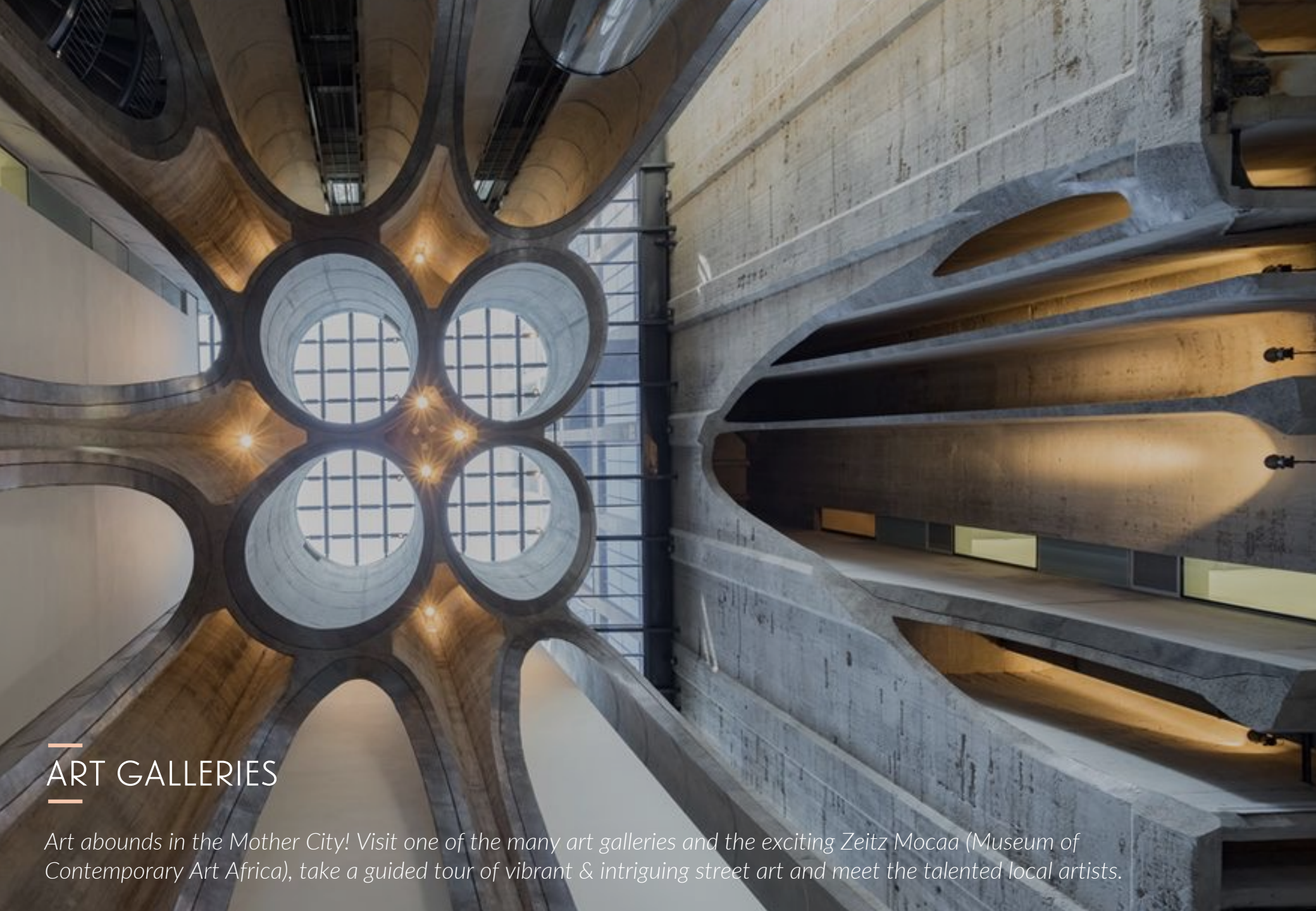
CULINARY EXPERIENCE

*Cape Town has a world renowned **culinary reputation!** Visit one of our internationally acclaimed restaurants with its top chefs, and also delight in other foodie experiences like picking your own vegetables at an inner-city farms or gardens, learn the art of Cape Malay cooking, experience an interactive hands-on cooking demonstration or join a wild food foraging workshop!*

V&A WATERFRONT

*The **Victoria & Alfred Waterfront** is one of those must-see-and-experience hubs in the city, boasting the best in shopping, markets, restaurants, entertainment, galleries and activities.*





ART GALLERIES

Art abounds in the Mother City! Visit one of the many art galleries and the exciting Zeitz Mocaa (Museum of Contemporary Art Africa), take a guided tour of vibrant & intriguing street art and meet the talented local artists.